

How to Use Your Affirmation Cards

Use daily to build confidence and take action in your business

- Choose one card each morning
- Read it out loud
- Take one small action aligned with it
- Repeat daily

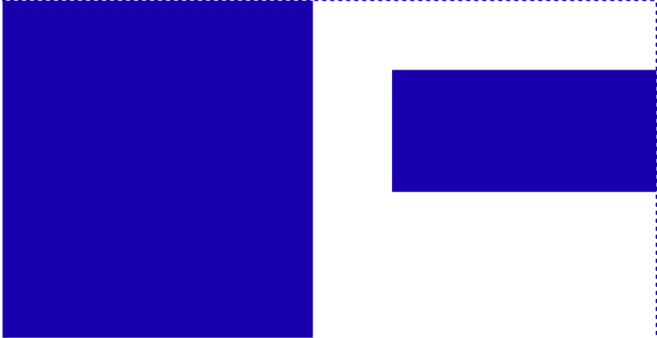


**I AM
POWERFUL
AND
IN CONTROL**

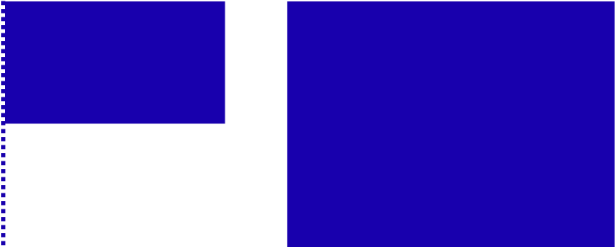


**I DECIDE
WHO
I BECOME**





**I DON'T
SHRINK
FOR ANYONE**



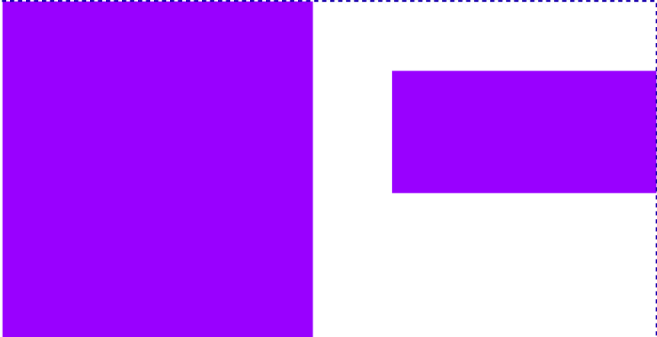
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**I OWN
MY SPACE
WITHOUT
FEAR**



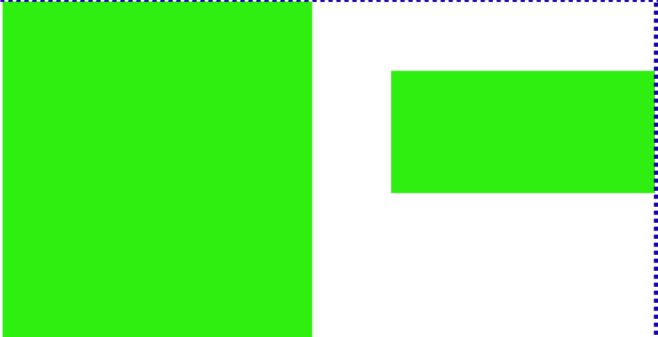
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**I AM BOLD,
BRAVE,
AND
RELENTLESS**



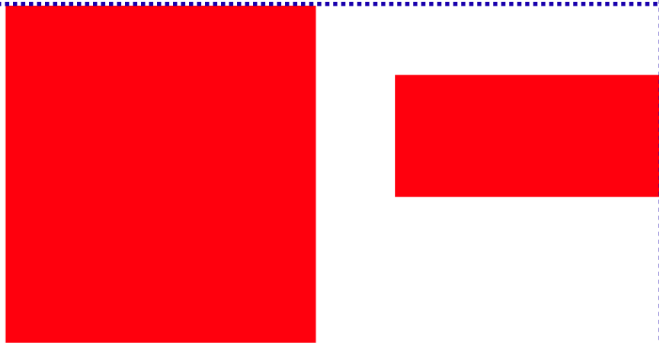
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**I TRUST
MYSELF -
ALWAYS**



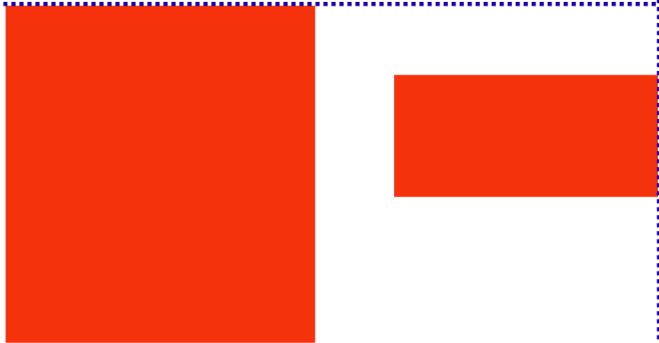
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**I RISE
NO MATTER
WHAT**



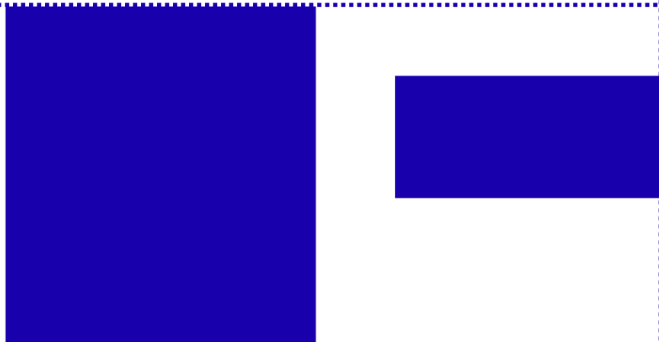
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**I AM
STRONGER
THAN
ANY DOUBT**



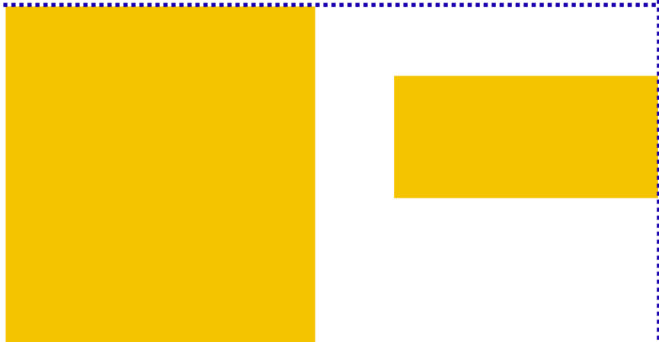
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**I LEAD
MY LIFE
WITH
CONFIDENCE**



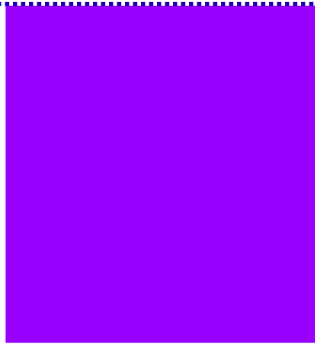
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**I BACK
MYSELF
FULLY**



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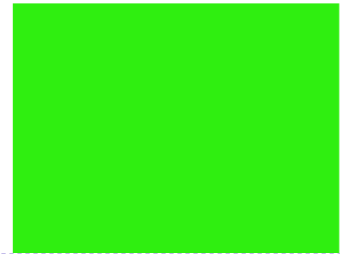
**I AM ENOUGH
WITHOUT
PROVING
ANYTHING**



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**I DESERVE
EVERYTHING
I DESIRE**



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**I CHOOSE
MYSELF
EVERY TIME**



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**I SET
STANDARDS
AND
KEEP THEM**



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**I HONOUR
MY WORTH
DAILY**



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**I AM NOT
HERE
TO BE
SMALL**



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**I AM WORTHY
OF SUCCESS
AND LOVE**



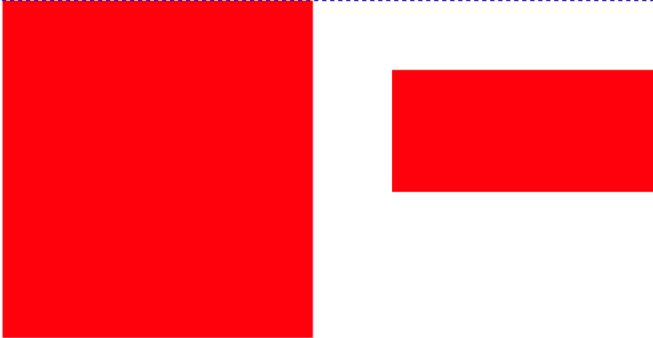
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**I RESPECT
MY
BOUNDARIES**



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A large red square and a smaller red square are positioned in the top left corner of the first quadrant.

**I DON'T
SETTLE -
EVER**

A smaller red square and a larger red square are positioned in the middle left of the first quadrant.

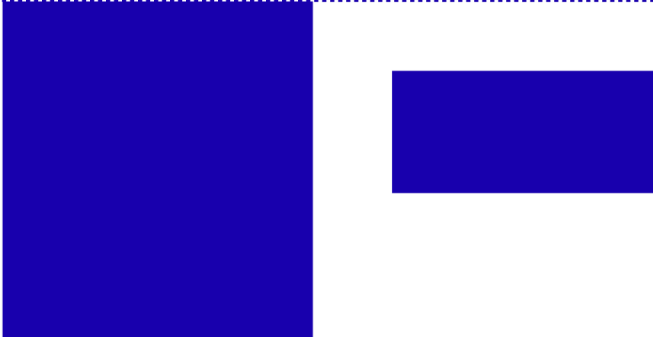
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A large orange square and a smaller orange square are positioned in the top right corner of the second quadrant.

**I KNOW
MY
VALUE**

A smaller orange square and a larger orange square are positioned in the middle right of the second quadrant.

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A large blue square and a smaller blue square are positioned in the top left corner of the third quadrant.

**MY ENERGY
IS
MAGNETIC**

A smaller blue square and a larger blue square are positioned in the bottom left of the third quadrant.

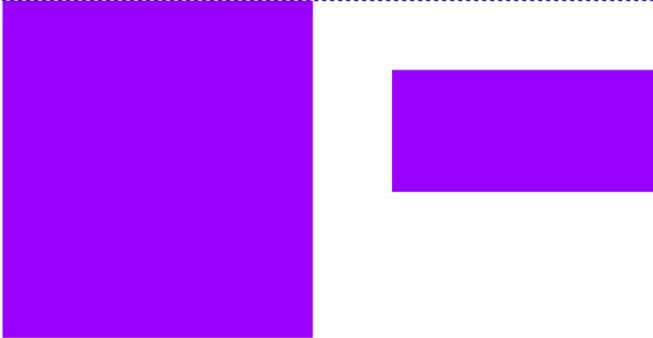
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A large yellow square and a smaller yellow square are positioned in the top right corner of the fourth quadrant.

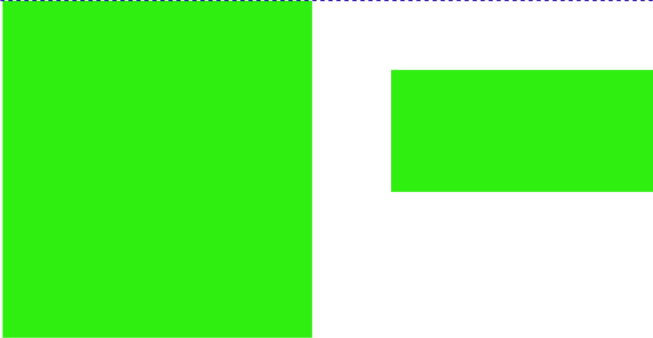
**I ATTRACT
WHAT
ALIGNS
WITH ME**

A smaller yellow square and a larger yellow square are positioned in the bottom right of the fourth quadrant.

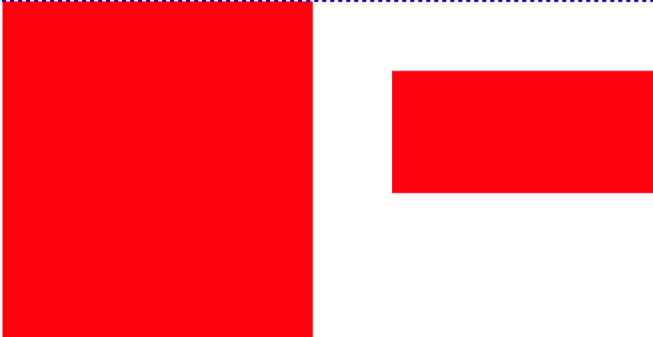
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Two purple squares of different sizes, one large and one small, positioned in the top left corner of the first quadrant.

**I RELEASE
WHAT
NO LONGER
SERVES ME**

Two purple squares of different sizes, one large and one small, positioned in the bottom left corner of the first quadrant.Two green squares of different sizes, one large and one small, positioned in the top right corner of the second quadrant.

**I CREATE
MY OWN
PROSPECTS**

Two green squares of different sizes, one large and one small, positioned in the bottom right corner of the second quadrant.Two red squares of different sizes, one large and one small, positioned in the top left corner of the third quadrant.

**I MOVE WITH
PURPOSE
AND CLARITY**

Two red squares of different sizes, one large and one small, positioned in the bottom left corner of the third quadrant.Two orange squares of different sizes, one large and one small, positioned in the top right corner of the fourth quadrant.

**I AM
FOCUSED
AND
DRIVEN**

Two orange squares of different sizes, one large and one small, positioned in the bottom right corner of the fourth quadrant.



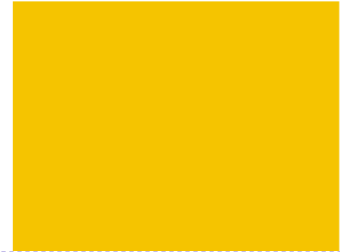
**I TAKE
ACTION
EVEN WHEN
IT'S SCARY**



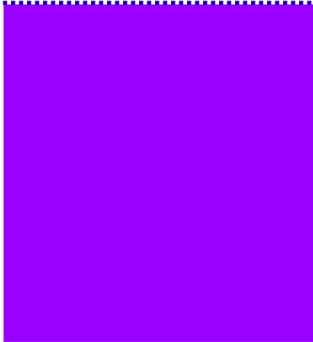
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**I GROW
THROUGH
EVERYTHING**



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**I AM
CONSTANTLY
EVOLVING**



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**I MAKE
THINGS
HAPPEN**



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